



Dr. Jun Ro is offering Pelleve which is a FDA approved noninvasive technique to reduce wrinkles and tighten skin. It is a safe non-surgical way to restore a youthful appearance to your skin. Pelleve is painless and noninvasive with minimal side effects. Pelleve can give you immediate results without any downtime. Here are answers to commonly asked questions.

### **How does it work?**

Pelleve gently heats the underlying skin structures using radio wave technology. This causes the collagen fibers to contract and tighten the skin. It also stimulates the skin to form new collagen to better support the skin.

### **What can be treated?**

Wrinkles can be reduced, but not entirely erased. Most people will notice a 25-50% reduction in the appearance of their wrinkles. Loose skin, which can make your face appear tired, can also be tightened. This gives your face a more youthful and refreshed look. Acne scars, skin pores and scars such as stretch marks can be minimized, but these are not FDA approved indications.

### **What parts of my body can be treated?**

Pelleve can be used to treat almost any skin area. The face and eye areas are the only FDA approved treatment areas. This technique can be used on other areas of the body, including the neck, chest, abdomen and hands without any problems.

### **What can I expect during the procedure?**

Near the treatment sites, you should have all jewelry and makeup removed to prevent any injuries. No anesthesia or topical numbing lotion is needed. A gel will be applied to the face to allow the Pelleve hand piece to glide easily on your skin. You should feel your skin getting warm, but not painful. A cold pack will then be applied to treated areas to help firm the skin further. You should tell us how you are doing during the procedure, especially if you have any discomfort. The procedure takes 1 hour for the face and neck.

### **What can I expect after the procedure?**

You should notice immediate results in skin tightening, firmness and wrinkle reduction. You may have some redness and mild swelling which resolves quickly, but may last up to 3-5 days. You should continue to moisturize your skin. There shouldn't be any increased sensitivity to sun light or medications. You may resume any activities. You may notice that your skin will continue to improve for 4-8 weeks after the procedure.

### **Are there any side effects?**

Besides the mild redness and swelling, there are no serious side effects. There shouldn't be any pain during the procedure. You shouldn't expect any burns, scarring or infections. The skin can't be over-tightened. This technique isn't known to have any long term side effects, even with multiple treatments.

**How long do the effects last?**

It lasts for a minimum of 6 months. For most people, they will notice skin improvements for 18-24 months. Since skin naturally ages over time, you can expect to see the wrinkles and laxity slowly return.

**When can I repeat the procedure?**

You may repeat a Pelleve treatment 4 weeks after the prior one. Usually 2-3 separate treatments are ideal to give you the best results.

**Is there anything that will prevent me from having this treatment?**

If you have any active infections or wounds over the treatment sites, then you should wait until your skin has healed. If you have permanent tattoos or permanent piercings near the treatment sites, then you should consider other options. If you have any numbness in the treatment area, I wouldn't recommend this for you. If you are pregnant, you should wait 6 months after your pregnancy to start treatment. There are no concerns with any medications or most medical issues. There are no concerns with pacemakers or implanted defibrillators. There are no concerns with prior surgeries or implants at the treatment sites. There are no concerns with prior skin treatments such as with Botox, Restylane or Juvederm.

**Are there other treatment options?**

Yes, I can help you to determine what the best options are for you. You may consider using Botox, Juvederm, Restylane, Radiesse and Sculptra for wrinkles. Pulsed light and lasers can resurface the skin. Chemical peels and microdermabrasion can also resurface the skin. Thermage and Titan can have similar effects to Pelleve, but can be painful. Obviously, surgical options such as a face lift or a thread lift are also available. Pelleve isn't a replacement for a face lift.

**Do you have any other information?**

Please check the manufacturer's website at [www.pelleve.com](http://www.pelleve.com) for more information and pictures of typical results.

**What do I need to do to start treatments?**

First, you should have an initial complimentary consultation to discuss your medical history and to make sure that this treatment is appropriate for you. Then you should schedule an appointment to have the procedure done. Expect to be here for at least 2 hours, which includes preparation time, photographs and the procedure itself. Remember to not wear jewelry or makeup near the treatment sites on the day of the procedure.